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The group's **Objectives** are:

- ♦ Educate the public, employers, governments and associations on the full range of mainstream Complementary Healthcare options.
- ♦ Develop and publish information sources on Complementary Healthcare and Wellness
- ♦ Encourage every local organization offering a healthcare benefit to expand to embrace a Complementary spectrum of healthcare.

Current format for *CompWellness* journal. Contact: Kenton Johnson, Executive Director and Publisher, CWPA, 7645 South Steele Street, Centennial CO 80122, 303-770-4022, [CWPA@CompWellness.org](mailto:CWPA@CompWellness.org)

ISBN for entire volume: 1-890252-24-7

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## Services & Products Metro Denver Directory

Volume 3, Number 5

Complementary Wellness Professional Association Journal

September-October 2003

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## Calendar of Events

"Wellness Workshop," Every other Tuesday: Sep 10<sup>th</sup> (Asthma), Sep 24<sup>th</sup> (ADHD) & continuing, 7-8pm, 1666 S University Blvd, Denver. Matthew Reddy, ND. (see [Naturopathy.com](http://Naturopathy.com)). Free. 303-850-0880 or [DrReddyND.com](http://DrReddyND.com).

"Beyond Aromatherapy – The Wonderful World of Essential Oils," Sat, Sep 20<sup>th</sup> 3pm-6pm, Russell Louie (see [Aromatherapy.com](http://Aromatherapy.com)), Journey Books & Gifts, 6731 W. Colfax Ave (next to Casa Bonita), Lakewood. \$25. Call 303-239-0382 or visit [OptimumChoices.com](http://OptimumChoices.com). (Check website for additional classes.)

Healing Drumming Circle for Families with Cancer, Tues, Sep 23<sup>rd</sup>, 7-8:30pm, QuaLife Wellness Community, «Address» «City» . Free –orientation required. 303-393-9355 or [QuaLife.org](http://QuaLife.org).

"Less is More – Neuroenergetic Release<sup>®</sup>," Wed, Sep 24<sup>th</sup> & Oct 29<sup>th</sup>, 7-9pm, Lakewood. Lecture/Demo by NER developer Donald Kipp, NCTMB. Free. Call 303-237-1142 or visit his website [Body-Awareness.com/intro.htm](http://Body-Awareness.com/intro.htm).

CWPA Free Lecture & Gathering, 4th Thursdays, Sep 25<sup>th</sup> & Oct 22<sup>nd</sup>, 7-9pm, at the main Englewood Library. For practitioners, business owners & public. Free. Call 303-770-4022 or visit [CompWellness.org/Comm/gather.htm](http://CompWellness.org/Comm/gather.htm).

"How Stress is Affecting your Life," last Tuesdays, 7pm, Lakewood. Bela Weiser, DC (see [Chiropractic.com](http://Chiropractic.com)). Free. 303-984-9570.

Qi Gong Series, Saturdays, 4:30-5:30pm, Full Moon Books and Events Center, 6th Ave at Garrison, Lakewood, Susan Horst, CMT, CRM (see [MassageTherapy.com](http://MassageTherapy.com)), \$10 drop in for repeat students. Beginners call asap to set up intro, 303-913-1051. [SabinahOla.com](http://SabinahOla.com)

More Denver-Area events at:

♦ [WholeFoods.com](http://WholeFoods.com) – see Local Store Calendar – "Celebrate the World of Cheese" is Oct 21<sup>st</sup>-23<sup>rd</sup>

♦ [VitaminCottage.com](http://VitaminCottage.com) – Lectures

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